

Survey code 22traj

Region code

Day

Month

Start of completing the
questionnaire

hours

minutes

The end of completing the
questionnaire

hours

minutes

Survey method

- 1 – self-completion in the presence of an interviewer
- 2 – self-completion without an interviewer
- 3 – telephone interview
- 4 – online interview

HELLO!

Institute of education of National Research University «Higher School of Economics» together with the Public Opinion Foundation Institute are conducting a survey as part of the panel study «Trajectories in education and profession».

You already took part in our research last year and / or when you were in school. We ask you to participate in the next wave of research.

The main aim of the research is to find out more about your perception of current events in your life and your plans for the future.

There are no right or wrong answers to the questionnaire. It will be summarized with the answers of other participants and analyzed without specifying your personal and contact information.

Thank you in advance for your cooperation!

Q550 Enter your ID.

(This is the five-digit number that, together with the reference to the survey, was sent to you by the interviewer. In case you have any doubts, clarify it with the interviewer.)

We want you to tell us about your education. If you currently have several places of study (several direction of preparation), answer about the educational institution you consider the main one.

1. Do you study anywhere now? If you do, then in what type of

educational institution? *(Interviewer! If the respondent is officially enrolled or is on academic leave, choose from the options 3-5. If they are currently applying, choose the option number 2. The question does not concern additional education – courses, advanced training programs and other things. Only one answer.)*

- 1. I'm not studying anywhere ----- transition to q.№14
- 2. I'm currently applying for admission (submitting documents / taking exams) ----- transition to q.№15
- 3. I study at an institution of secondary vocational education (technical school, college, vocational lyceum)
- 4. I study in higher education institution
- 5. I study in another educational institution (specify which one) ----- transition to q.№14

Where is your educational institution located? Specify the country, region (Territory, Republic), name of the locality.

Interviewer! If the respondent's studies have not started yet, they should answer about the educational institution where they will study in the 2022-2023 academic year.

2. Country.

- 1. Russia
- 2. Another country (specify which one) ----- transition to q.№4

3. Region (Territory, Republic)

Drop-down list

4. City (or village).

5. Please indicate the name of the educational institution where you study.

(Interviewer! Write the full name without abbreviations. If the respondent's studies have not started yet, they should answer about the educational institution where they will study in the 2022-2023 academic year.)

Drop-down list + an open field for those who haven't found or are studying in a secondary school

6. What program do you study in? *(Interviewer! If the respondent is studying in several programs, specify the program that they consider the main one. One answer.)*

1. bachelor degree (higher education, 4 or 5 years of study at university)
2. specialist degree (higher education, 5 or 6 years of study at the university)
3. master degree
4. PhD / Doctoral degree
5. clinical Residency (for medical students)
6. secondary vocational education program (training of skilled workers and employees, for example, in the occupations of plumber, roofer, fender, fireman, etc.)
7. secondary vocational education program (training of mid-level specialists, for example, in the specialties of «computer networks», «radio communication», «fire safety», «nursing», etc.)
8. other *(specify which one)* _____
9. difficult to answer

7. In what course (year of study) of this program do you study now? *(Interviewer! If the respondent's studies have not started yet, specify the educational institution where they will study in the 2022-2023 academic year. One answer.)*

1. 1st course (year of study)
2. 2nd course (year of study)
3. 3rd course (year of study)
4. 4th course (year of study)
5. 5th course (year of study)
6. 6th course (year of study)

8. What faculty do you study at? *(Interviewer! Write the full name without abbreviations. If the respondent is going to study at a secondary vocational education program and there is no faculty there, mark the pos.2 «no faculty».)*

1. faculty *(specify which one)* _____

2. no faculty

9. In what specialty (direction of training / profession) do you study? *(Interviewer! Write the full name without abbreviations.)*

10. Do you study on a commercial (paid) or budget (free) basis or on employer sponsorship? *(One answer.)*

1. on commercial (paid)
2. on budget (free)
3. employer sponsorship
4. other *(specify what exactly)* _____
5. difficult to answer

11. What form of education will you have in the 2022-2023 academic year: full-time (day), full-time / part-time (evening) or part-time? *(One answer.)*

1. full-time (day)
2. full-time / part-time (evening)
3. part-time
4. difficult to answer

12. Do you study anywhere else besides the main place of education (main secondary vocational education program)? If so, on what program do you study? *(Interviewer! The question does not concern additional education – any courses, advanced training programs and other things. Mark all the appropriate answers. Any number of answers. When choosing pos.1 or 10, pos.2-9 cannot be selected.)*

1. I do not study in addition to the main place of study
2. bachelor program (higher education, 4-5 years of study at the university)
3. specialty (higher education, 5 years of study at a university)
4. master degree
5. PhD/doctoral program
6. clinical residency (for medical students)
7. secondary vocational education program (training of skilled workers and employees, for example, in the occupations of plumber, roofer, fender, fireman, etc.)
8. secondary vocational education program (training of mid-level specialists, for example, in the specialties of «computer networks», «radio communication», «fire safety», «nursing», etc.)
9. other (specify what exactly) _____
10. difficult to answer

13. Do you plan to enroll somewhere beside your current place of education in the future? If so, then where to? *(Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.11 or 12, pos.1-10 cannot be selected.)*

1. to a higher educational institution for a bachelor's degree/ specialty program
2. to a higher educational institution for a master's degree
3. to a higher educational institution, but I don't know for sure, for a bachelor's, specialist's or master's degree program
4. to graduate school
5. to an educational institution of secondary vocational education (technical school, college, college, vocational lyceum)
6. internship, residency (if you are studying at a medical university)
7. professional retraining program
8. advanced training course
9. other courses (full-time or online)
10. other (*write where exactly*) _____
11. not going to apply anywhere
12. difficult to answer

Interviewer! Those who answered question №13 proceed to question №21.

Question №14 is asked to those, who don't study anywhere (pos.1 is marked in question №1) or stated a place of education different from the suggested options (pos.5 is marked in question №1).

14. Do you plan to enroll somewhere in the future? And if so, where to?

(Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.11 or 12, pos.1-10 cannot be selected.)

1. to a higher educational institution for a bachelor's degree/ specialty program
2. to a higher educational institution for a master's degree
3. to a higher educational institution, but I don't know for sure, for a bachelor's, specialist's or master's degree program
4. to graduate school
5. to an educational institution of secondary vocational education (technical school, college, college, vocational lyceum)
6. internship, residency (if you are studying at a medical university)
7. professional retraining program
8. advanced training course
9. other courses (full-time or online)
10. other *(write where exactly)* _____
11. not going to apply anywhere
12. difficult to answer

Interviewer! Those who answered question №14 proceed to question №21.

Interviewer! Questions №№15-20 are asked to those who are now entering an educational institution (in question №1, pos.2).

If you are applying for several programs answer about the program that you consider the main one.

15. What program are you applying for? (One answer.)

1. Bachelor degree (higher education, 4 or 5 years of study at university)
 2. Specialist degree (higher education, 5 or 6 years of study at the university)
 3. Master degree
 4. PhD / Doctoral degree
 5. Clinical Residency (for medical students)
 6. Secondary vocational education program (training of skilled workers and employees, for example, in the occupations of plumber, roofer, fender, fireman, etc.)
 7. Secondary vocational education program (training of mid-level specialists, for example, in the specialties of «computer networks», «radio communication», «fire safety», «nursing», etc.)
 8. Other *(specify which one)*
-
9. Difficult to answer

16. In what course (year of study) of this program will you study now? *(One answer.)*

1. 1st course (year of study)
2. 2nd course (year of study)
3. 3rd course (year of study)
4. 4th course (year of study)
5. 5th course (year of study)
6. 6th course (year of study)

17. What faculty are you going to study at? *(Interviewer! Write the full name without abbreviations. If the respondent is going to study at a secondary vocational education program and there is no faculty there, mark the pos.2 «no faculty».)*

1. faculty (specify which one) _____

2. no faculty

18. In what specialty (direction of training / profession) are you going to study? *(Interviewer! Write the full name without abbreviations.)*

19. Are you going to study on a commercial (paid) or budget (free) basis or on employer sponsorship? *(One answer.)*

1. on commercial (paid)
2. on budget (free)
3. employer sponsorship
4. other (specify what exactly) _____
5. difficult to answer

20. What form of education will you have in the 2022-2023 academic year: full-time (day), full-time / part-time (evening) or part-time? *(One answer.)*

1. full-time (day)
2. full-time / part-time (evening)
3. part-time
4. difficult to answer

Interviewer! It is the common block. It is given to all respondents regardless of the training status.

21. What is your highest completed (with the received diploma / certificate) level of education at the moment? (One answer.)

1. incomplete secondary education (9 grades)
2. full secondary education (11 grades)
3. secondary vocational education
4. bachelor degree (higher education, 5-6 years of study at the university)
5. specialist degree (higher education, 5-6 years of study at the university)
6. master degree
7. postgraduate studies
8. internship / residency (for medical specialties)
9. other (*write what exactly*) _____
10. difficult to answer

22. What of the above have you had to do over the past year? (Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.10, pos.1-9 cannot be selected.)

1. participate in professional exhibitions, conferences, seminars
2. listen, watch *individual* (meaning one-time, consisting of one or two lessons) webinars, online lectures, master classes, related to my work, study
3. take online courses for professional growth (including advanced training), career development, study a new profession online
4. take full-time courses for professional growth (including advanced training), career development, study a new profession full-time
5. to master production skills in the workplace under the guidance of colleagues
6. listen, watch *individual* (meaning one-time, consisting of one or two lessons) webinars, online lectures, master classes not related to work/study for yourself, for general development
7. take online courses (Coursera, Stepic, "Open Education", etc.) for yourself, for general development
8. attend *individual* (meaning one-time, consisting of one or two lessons) full-time educational events, open lectures, master classes for yourself, for general development
9. take full-time educational courses for yourself, for general development (including personal, for example, foreign language courses)
10. have not been engaging in anything of the above

Now a few questions about reading fiction.

23. How often do you read fiction or listen to audiobooks on works of fiction? *(One answer.)*

1. almost every day
2. several times a week
3. several times a month
4. about once a month
5. once every few months
6. about once every six months
7. less than once every six months

8. almost never read fiction or listened to audiobooks

-----*transition to q.№36*

24-35. How much do you agree or disagree with the following statements about you reading fiction or listening to audiobooks on works of fiction? (Interviewer! Read out loud the positions from the first column of the table one by one. One answer per line.)

	1. absolutely disagree	2. rather disagree	3. agree with something, disagree with something	4. rather agree	5. absolutely agree	6. difficult to answer
24. I like spending my free time reading fiction	1	2	3	4	5	6
25. I often turn to works of fiction in difficult life situations	1	2	3	4	5	6
26. I very often look for answers to bothering questions in works of fiction	1	2	3	4	5	6
27. Some works of fiction have inspired me to try something new, that I haven't tried before	1	2	3	4	5	6
28. Some works of fiction have played a key role in shaping me as a person	1	2	3	4	5	6
29. Some works of fiction influenced my choice of profession or specialty	1	2	3	4	5	6
30. Some works of fiction have greatly helped me to understand myself	1	2	3	4	5	6

Continuation of the table is on the next page

Continuation	1. absolutely disagree	2. rather disagree	3. agree with something, disagree with something	4. rather agree	5. absolutely agree	6. difficult to answer
31. My passion for fiction and reading fiction books helped me find new friends	1	2	3	4	5	6
32. The kind of books a person reads tells me a lot about him	1	2	3	4	5	6
33. Reading fiction often helps me to switch, to forget about everyday problems	1	2	3	4	5	6
34. In general, it is boring for me to read fiction	1	2	3	4	5	6
35. When I read fiction, I don't notice how time passes	1	2	3	4	5	6

36. Have you ever participated in any of the following? *(Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.11, pos.1-10 cannot be selected.)*

1. participation in literature / reader clubs
2. classes aimed to improve and develop literary skills (for example, creative writing courses, participation in a literary workshop, poetry circle, etc.)
3. being passionate for writing, writing your own original literary works or fan fiction (meaning amateur compositions based on popular works, films)
4. contests, competitions related to literary activity (literary prizes, reading contests, etc.)
5. subscription to public groups / pages / news related to certain literary works or genres
6. participation in fan communities/ internet forums dedicated to certain literary works or genres
7. creation of art (drawings, illustrations, etc.) based on literary works
8. face-to-face meetings / field trips / camps for fans of certain literary works or genres
9. visits to iconic places from a literary work or thematic excursions / routes following the action in the book
10. purchase or creation of paraphernalia, items related to a literary work
11. I have never participated in any of the above

Let's talk about your work experience.

37. Are you currently working or not working? *(Interviewer! This may be a part-time job, temporary work under a fixed-term contract, an employment agreement, a contract, a grant, or individual work with or without a license. One answer.)*

1. working

2. I am on maternity or nursing leave for a child under 3 years old

-----transition to q.№67

3. I am on another paid vacation

4. I am on unpaid leave

5. not working

6. difficult to answer

transition to instruction
before q.№58

Tell us about your main job. If you currently have several jobs, answer about the one that you consider the main one.

38. What is your position at this job? *(One answer.)*

1. hired employee, registered in the state under an employment contract (official employment)

2. issued under a contract, outsourced

3. an employee, working informally, without a contract

4. internship

5. self-employed (freelancer)

6. entrepreneur (registered as sole proprietor, legal entity)

-----transition to q.№44

7. other (*write what exactly*) _____

8. difficult to answer

39. When did you start working in this organization, at this job? Specify the year and month.

Drop-down list with years. The minimum value is 2008, the maximum value is 2022.

_____ year

16. difficult to answer

40. Month.

Drop-down list with months

_____ month

13. difficult to answer

41. Please enter your profession and specialty at your current job.

(Interviewer! Write as accurately as possible, for example, a locksmith, an engineer, a sales assistant, a kindergarten teacher, a history teacher at school, an accountant, a software developer, a lawyer, a surgeon, a research biologist, etc.)

42. What post, position do you hold in this job? If you have an employment record, then specify the position as it says. (Interviewer! Write as accurately as possible, for example, a trainee secretary, a laboratory assistant of the department, a dental assistant, a sales manager, a sales consultant in a supermarket, a junior specialist, a deputy head of the advertising department, etc.)

43. How did you find this job? (Interviewer! Mark no more than two most significant (main) answers. When choosing pos. 15, pos. 1-14 cannot be selected.)

1. through job fairs, career days
2. at a meeting with representatives of the company organized by the educational institution
3. through job search websites (hh.ru, superjob.ru and other)
4. through social networks (including through job search groups in social networks)
5. through the teachers of my educational institution
6. through friends, acquaintances of my or related specialty
7. through friends, acquaintances not related to my specialty
8. with the help of parents or other relatives
9. through the announcements in the media and the Internet – independently contacted potential employers
10. by target distribution
11. through the employment center
12. I have contacted the organization directly
13. I was invited to this job, the organization has contacted me
14. other (*write how exactly*) _____
15. difficult to answer

44. What kind of work do you do most of the time at this job, what exactly do you usually do during the working day? (Interviewer! Write down your main functions as detailed as possible.)

45. What industry do you work in? *(One answer.)*

1. light, food industry
2. civil engineering
3. military-industrial complex
4. oil and gas industry
5. other heavy industry
6. chemical production, fertilizers
7. construction, architecture, real estate
8. transport, communication
9. agriculture
10. controls
11. education
12. public activity, charity, political activity
13. science, culture
14. healthcare, pharmaceuticals
15. army, Ministry of Internal Affairs, security agencies
16. insurance
17. design, printing, multimedia
18. information technology
19. trade, household services
20. finance, banks, loans, investments, leasing
21. energy industry
22. housing and communal services
23. show business, entertainment
24. jurisprudence
25. restaurant business, food service, catering
26. fitness, sports
27. car maintenance, repair
28. mass media, marketing, advertising, PR
29. tourism, hotel business
30. beauty industry
31. other *(write which one)*

32. difficult to answer

46. How many hours on average does your normal working day last at this job, not counting the lunch break?

Drop-down list. The minimum value is 1, the maximum value is 24.

25. difficult to answer

47. What is your working schedule on this job? If it has been changing over the past year, then mark the option that you have been working on the longest. *(One answer.)*

1. full-time (at least 40 hours a week)
2. part-time/part-time work (less than 40 hours per week)
3. shift schedule (for example, day/night shifts, a day after three, etc.)
4. free schedule, I adjust it myself
5. difficult to answer

Interviewer! Those who are self-employed (pos.5 is marked in question №38), go to question №57.

48. Do you have subordinates at this job? If so, how many subordinates do you have? Please count everyone you supervise, not just those who are directly your subordinates. (One answer.)

1. I have subordinates (*specify the number of people*) _____
2. no subordinates
3. difficult to answer

49. How many people work in your organization, including you? (One answer.)

1. less than 10 people
2. from 10 to 24 people
3. from 25 to 99 people
4. from 100 to 499 people
5. 500 people or more
6. difficult to answer

Interviewer! Those who are an entrepreneur (pos.6 is marked in question №38), go to question №56.

50. What type of organization (enterprise) do you work for? (One answer.)

1. private non-governmental organization
2. budgetary institution (for example, educational organization, medical organization)
3. a state corporation (for example, Rostech, Rusnano, Rosatom) or a company with state participation (for example, Gazprom, Sogaz, SberBank)
4. Unitary enterprise (FSUE (federal state unitary enterprise), SUE (state unitary enterprise), CBM – for example, Mosgortrans, Russian Post, Moscow Metro)
5. Non-profit organization (NPO)
6. local self-government body
7. public authority
8. power structure (for example, the Ministry of Internal Affairs, FSO, FSB, SVR)
9. other (*write what exactly*) _____
10. difficult to answer

51. Has your position at this place of work changed over the past year (12 months)? Over the past year, you... (Interviewer! Mark no more than two answers.

When choosing pos.4 or 5, pos.1-3 cannot be selected.

1. advanced in the service, received a higher position
2. changed profession / moved to another structural unit, department, workshop
3. moved to a lower position
4. none of the above
5. difficult to answer

- 52. If any negative work-related events have happened to you over the past six months, then what exactly?** (*Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.10 or 11, pos.1-9 cannot be selected.*)
1. did not pay premium, bonuses
 2. wages and other earned money were delayed
 3. was sent on forced leave
 4. was transferred to part-time work week or day
 5. the payment for the work I did was refused
 6. social benefits were reduced or canceled
 7. the contract previously concluded with me was terminated
 8. was fired from an additional job
 9. other (*specify what exactly*) _____
 10. none of the above
 11. difficult to answer
- 53. Do you think there is a chance that in the next 2-3 months you may be demoted, get a salary cut or fired due to staff reduction, or there is no such probability?** (*Interviewer! Mark no more than three answers. When choosing pos.4 or 5, pos.1-3 cannot be selected.*)
1. there is a probability of getting a salary cut
 2. there is a probability of being demoted
 3. there is a probability of getting fired
 4. all these events are unlikely
 5. difficult to answer
- 54. Do you think, in case of dismissal, you personally, with your qualifications and experience, will or will not be able to find a job no worse than the one you are working at now within 2-3 months?** (*One answer.*)
1. will surely be able to
 2. will most likely be able to
 3. will most likely not be able to
 4. will surely not be able to
 5. difficult to answer
- 55. Please tell if you have any fears that in the near future the company (organization) where you work will close, cease to exist, or there are no such fears?** (*One answer.*)
1. there are serious concerns
 2. there are small concerns
 3. there are no such concerns
 4. difficult to answer

56. Please tell what of the above has been happening over the past six months at the enterprise (organization) where you work? (Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.9 or 10, pos.1-8 cannot be selected.)

1. decrease in the number of orders, customers, sales, etc.
2. reduced profits
3. problems with the purchase and / or maintenance of imported goods, components, equipment
4. problems with the purchase and / or maintenance of domestic goods, components, equipment
5. problems with purchasing and/or using imported software
6. began to work at a loss
7. difficulties with obtaining loans by the enterprise
8. difficulties with the payment of loans taken by the company
9. none of the above
10. difficult to answer

57. How many jobs do you currently have? Consider your main job, additional work and part-time jobs, including both informal and at the main place of work. (One answer.)

1. only one job
2. two jobs
3. three jobs
4. four jobs or more
5. difficult to answer

Interviewer! Question №58 is asked only to those who are not working now or found it difficult to answer (pos. 5 or 6 marked in question №37).

Other respondents should go to instructions before question №59.

58. Have you worked anywhere in the last 12 months? If so, how many jobs have you had? (Interviewer! This can be a part-time job, temporary work under a fixed-term contract, an employment agreement, a contract, a grant, or individual work with or without a license - that is, any form of part-time work. One answer.)

1. haven't worked anywhere in the last 12 months ----- transition to q.№№77-79
2. one job
3. two jobs
4. three jobs
5. four jobs or more
6. difficult to answer

Interviewer! Respondents who answered question №58 (except for those who marked pos.1) go to questions №№61-66.

Respondents who got their current job before August 2021 (questions №№39, 40), go to questions №№77-79.

59. Before you started working at your current place of work, did you work anywhere else? If so, how many jobs (before the current main job) have you had in the last 12 months? (Interviewer! This can be a part-time job, temporary work under a fixed-term contract, an employment agreement, a contract, a grant, or individual work with or without a license - that is, any form of part-time work. One answer.)

1. haven't worked anywhere before my current job in the last 12 months

----- переход к в.№76

2. one job
3. two jobs
4. three jobs
5. four jobs or more
6. difficult to answer

Interviewer! Question №60 is asked to those, who work for hire or as an intern (any of the pos.1-4 marked in question №38).

Other respondents go to questions №№61-66.

60. When you move to your current main job, you... (Interviewer! Mark no more than two answers. When choosing pos.5, pos.1-4 cannot be selected.)

1. changed profession
2. moved to the same position (position of the same level)
3. moved to a higher position than in the previous job
4. moved to a lower position than in the previous job
5. difficult to answer

Tell us about your previous job you left in the last 12 months. If you had several jobs at the same time before your current job in the last 12 months, then answer about the one that you considered the main one.

Interviewer! If you quit and returned to this job again, then write down the dates of your last return and dismissal.

61. When did you get the job before the current one? Specify the year and month.

Drop-down list. Minimal value – 2008, maximal value – 2022.

_____ year

16. difficult to answer

62. Month.

Drop-down list

_____ month

13. difficult to answer

63. When did you leave that job? Specify the year and month.

Drop-down list. Minimal value – 2021, maximal value – 2022.

_____ year

3. difficult to answer

64. Month.

Drop-down list

_____ month

13. difficult to answer

65. What was your position at that job? (One answer.)

1. employee, registered in the state under an employment contract (official employment)

2. issued under a contract, outsourced

3. an employee, but worked informally, without a contract

4. trainee, passed the internship

5. self-employed, freelancer

6. was an entrepreneur (registered as an individual entrepreneur, a legal entity)

7. other (*write what exactly*) _____

8. difficult to answer

66. What industry did that work belong to? (One answer.)

1. light, food industry
2. civil engineering
3. military-industrial complex
4. oil and gas industry
5. other heavy industry
6. chemical production, fertilizers
7. construction, architecture, real estate
8. transport, communication
9. agriculture
10. controls
11. education
12. public activity, charity, political activity
13. science, culture
14. healthcare, pharmaceuticals
15. army, Ministry of Internal Affairs, security agencies
16. insurance
17. design, printing, multimedia
18. information technology
19. trade, household services
20. finance, banks, loans, investments, leasing
21. energy industry
22. housing and communal services
23. show business, entertainment
24. jurisprudence
25. restaurant business, food service, catering
26. fitness, sports
27. car maintenance, repair
28. mass media, marketing, advertising, PR
29. tourism, hotel business
30. beauty industry
31. other (*write which one*)

32. difficult to answer

Interviewer! Questions №№67-75 are asked to those, who is currently on maternity leave or leave to care for a child under 3 years old (pos.2 marked in question №37).

Other respondents go to the instruction before question №76.

67. Did you work anywhere before you went on maternity leave or to take care of a child under 3 years old? (Interviewer! This could be a part-time job, temporary work under a fixed-term contract, an employment agreement, a contract, a grant, or individual work with or without a license. One answer.)

1. worked
2. didn't work anywhere
3. difficult to answer

----- transition to q.№№77-79

Next, let's talk about the place of work where you had worked before you went on maternity leave or to care for a child up to 3 years old. If you had several jobs, then answer about the one that was considered the main one.

68. When did you start working at this place of work? Specify the year and month.

Drop-down list with years. The minimum value is 2008, the maximum value is 2022.

16. difficult to answer

69. Month.

Drop-down list with months

13. difficult to answer

70. When did you go on maternity leave or to take care of a child under 3 years old? Specify the year and month. *(Interviewer! If prior to the current maternity leave or parental leave, the respondent was also on maternity leave / parental leave and did not go to work between them, specify the year and month of the beginning of the first maternity leave / parental leave.)*

Drop-down list with years. The minimum value is 2008, the maximum value is 2022.

16. difficult to answer

71. Month.

Drop-down list with months

13. difficult to answer

72. What was your position at this place of work? *(One answer.)*

1. employee, registered in the state under an employment contract (official employment)
2. issued under a contract, outsourced
3. an employee, but worked informally, without a contract
4. trainee, passed the internship
5. self-employed, freelancer
6. was an entrepreneur (registered as an individual entrepreneur, a legal entity)
7. other *(write what exactly)* _____
8. difficult to answer

73. Please write in what profession, specialty did you work at this place of work? *(Interviewer! Write as accurately as possible, for example, a locksmith, a civil engineer, a sales consultant, a kindergarten teacher, a history teacher at school, an accountant, a software developer, a lawyer, a surgeon, a research biologist, etc.)*

74. What post, position do you hold in this job? If you have an employment record, then specify the position as it says. *(Interviewer! Write as accurately as possible, for example, a trainee secretary, a laboratory assistant of the department, a dental assistant, a sales manager, a sales consultant in a supermarket, a junior specialist, a deputy head of the advertising department, etc.)*

75. What industry have you worked in? (One answer.)

1. light, food industry
2. civil engineering
3. military-industrial complex
4. oil and gas industry
5. other heavy industry
6. chemical production, fertilizers
7. construction, architecture, real estate
8. transport, communication
9. agriculture
10. controls
11. education
12. public activity, charity, political activity
13. science, culture
14. healthcare, pharmaceuticals
15. army, Ministry of Internal Affairs, security agencies
16. insurance
17. design, printing, multimedia
18. information technology
19. trade, household services
20. finance, banks, loans, investments, leasing
21. energy industry
22. housing and communal services
23. show business, entertainment
24. jurisprudence
25. restaurant business, food service, catering
26. fitness, sports
27. car maintenance, repair
28. mass media, marketing, advertising, PR
29. tourism, hotel business
30. beauty industry
31. other (*write which one*) _____
32. difficult to answer

Interviewer! Those who answered question №75 go to questions №№77-79.

Question №76 is asked to those, who changed their place of work in August 2021 and later (see questions №№39, 40), as well as those who are not working now, but have worked somewhere in the last 12 months (one of the pos.2-6 marked in question №58).

76. Have you been out of work for the last 12 months and looking for a job for more than three months? (One answer.)

1. had to
2. didn't have to
3. difficult to answer

Where do you live now? Specify the country, region (Territory, Republic), the name of the locality.

77. Country.

1. Russia

2. Other (*write what exactly*)

-----transition to q.No79

78. Region (Territory, Republic).

Drop-down list

79. Locality.

80. In what kind of accommodation do you currently live in? (*Interviewer! We are talking about housing in which the respondent lives most of the time. One answer.*)

1. at the house of my parents or other relatives
2. in my own housing (including joint ownership with relatives or a mortgage)
3. in housing that I rent independently or with someone else
4. in the dorm
5. in the housing of my boyfriend / girlfriend
6. in the housing of my husband / wife, their parents or relatives
7. in my friends' housing
8. in office housing
9. other (*write what exactly*) _____

81. Whom do you live with? Mark everyone who lives with you. (*Interviewer!*

Mark all the appropriate answers. Any number of answers. When choosing pos.13, pos.1-12 cannot be selected.)

1. mother (birth mother or not)
2. father (birth father or not)
3. brother (or brothers, including stepbrothers)
4. sister (or sisters, including stepsisters)
5. husband / wife (boyfriend / girlfriend)
6. my child (my children), own or adopted
7. grandmother and/or grandfather
8. parents / relatives of husband / wife (boyfriend / girlfriend)
9. other family members (uncles, aunts, nephews, etc.)
10. friend / friends
11. roommates in the dorm, apartment
12. someone else (*write who exactly*) _____
13. live alone

Interviewer! Questions №№82-85 are asked to those, who live in Russia (pos. 1 marked in question №77).

Other respondents go to question №86.

82. Are you ready or not ready to move somewhere in the future for a more interesting or profitable job, for the sake of success in your career or in another sphere of life? If so, where are you ready to move to? (Interviewer! Mark the one most likely option. One answer.)

1. to another locality within the region where I live now
2. to another region of the country
3. to another country
4. ready to move anywhere
5. not ready to move anywhere
6. difficult to answer

83. Would you like to move abroad for permanent residence? (One answer.)

1. definitely yes
2. rather yes

3. rather no
4. definitely no
5. difficult to answer

-----transition to q.№86

84. To what extent are you now ready to go abroad for permanent residence? (One answer.)

1. I collect, issue documents for departure
2. made a firm decision to leave
3. I'm considering the possibility of leaving
4. I sometimes think about it
5. I've never thought about it on purpose
6. difficult to answer

85. What first of all makes you think about leaving Russia? (Interviewer! Mark no more than three answers. When choosing pos. 11, pos. 1-10 cannot be selected.)

1. the economic situation in Russia
2. the desire to provide children with a decent future abroad
3. the political situation in Russia
4. high quality medical services abroad
5. more career opportunities abroad
6. greater legal and social security abroad
7. interest, belonging to another culture
8. high quality of educational services abroad
9. there are more business opportunities abroad
10. other (write what exacty) _____
11. difficult to answer

86. Are there any of your relatives and friends who have moved abroad from Russia for permanent residence in the last six months or are planning to move in the near future? (One answer.)

1. yes, there are relatives or friends who have already moved or are planning to move to a permanent place of residence in the near future
2. there are no such relatives or acquaintances
3. difficult to answer

87. What is your current official marital status? (One answer.)

1. not married and has never been in a registered marriage
2. in a registered marriage -----transition to q.№89
- 3 divorced and not married
4. widower (widow)
5. difficult to answer

88. Are you currently in a long-term partnership or in a civil marriage? (One answer.)

1. yes
2. no -----transition to q.№90
3. difficult to answer

89. What is your spouse/partner currently doing? (Interviewer! Mark no more than three answers. When choosing pos.8, pos.1-7 cannot be selected.)

1. works in a paid job (including entrepreneurial activity)
2. is on maternity leave or leave to care for a child up to 3 years old
3. is studying at an educational institution (even if they are currently on academic leave or on vacation)
4. not working and looking for a job
5. not working and not looking for a job
6. is in military service on conscription or in alternative military service (except for service under contract)
7. other (write what exactly) _____
8. difficult to answer

90. Do you have children, including adopted children? If so, how many children do you have? (Один ответ.)

1. no children -----transition to q.№92
2. one child
3. two children
4. three children or more
5. difficult to answer -----transition to q.№92

91. What year did you have your first child?

Drop-down list. The minimum value is 2008, the maximum value is 2022.

_____ year

92. Personally, you may or may not say about yourself that you lead a healthy lifestyle? *(One answer.)*

1. rather can
2. rather can not
3. difficult to answer

93. Do you do physical education, training or not? *(One answer.)*

1. I do it regularly
2. I do it from time to time
3. I do it very rarely
4. I don't do it at all
5. difficult to answer

*transition to instruction
before q.№96*

94. Why, first of all, do you do physical training and sports? *(Interviewer! Mark no more than three answers. When choosing pos. 11, pos. 1-10 cannot be selected.)*

When selecting position 11, the selection of other positions is blocked.

1. to support, strengthen health
2. to maintain physical fitness, keep the figure
3. to improve my mood, enjoy the activities
4. to meet, chat with friends and acquaintances
5. to relieve fatigue, maintain working capacity
6. to improve posture, gait
7. to become more attractive, look better
8. to become physically stronger, more resilient
9. to strengthen my character, overcome myself
10. other (*write what exactly*) _____
11. difficult to answer

95. Where and how – independently or under the guidance of a coach, instructor – do you do sports? *(Interviewer! Any number of answers.)*

1. in the sports / dance section, swimming pool under the guidance of a coach, instructor
2. in a fitness club under the guidance of a trainer, instructor
3. independently at the stadium, on sports grounds, in gyms, swimming pools
4. independently at home
5. other (*write what exactly*) _____

Interviewer! Those who answered question №95 go to question №97.

Question №96 is asked to those, who does sports very rarely or does not do it at all or found it difficult to answer a question about sports (pos.3, 4 or 5 is marked in question №93).

96. Please name the main reasons why you do not / very rarely do physical training and sports? *(Interviewer! Mark no more than three answers. When choosing*

pos.12, pos.1-11 cannot be selected.)

1. no free time
2. large overall workload at work, at home
3. health status (including medical contraindications)
4. no desire, sufficient motivation for classes
5. high cost of classes, season tickets, coach services
6. no friends, no company with whom I could study
7. I get tired of everyday things
8. no gym or any other sports infrastructure nearby
9. no free sections, classes nearby
10. I have other interests, hobbies
11. other (*write what exactly*) _____
12. difficult to answer

97. Which of the things listed below is typical for your lifestyle? *(Interviewer! Mark all the appropriate answers that match your lifestyle. Any number of answers. When choosing*

pos.9, pos.1-8 cannot be selected.)

1. I walk at least thirty minutes a day
2. I drink at least one and a half liters of water a day
3. on average, I sleep more than seven hours a day
4. I do physical education or sports once a week or more often
5. I eat healthy, avoid harmful foods
6. I smoke at least a pack of cigarettes a week
7. I do breathing practices or meditation at least once a week
8. on average, I drink strong alcoholic beverages once a week or more often
9. I don't do any of the above

98. How would you assess the state of your health? *(One answer.)*

1. very good
2. good
3. satisfactory
4. bad
5. very bad
6. difficult to answer

99. What do you usually do when you get sick? (Interviewer! Mark no more than three answers. When choosing pos.10, pos.1-9 cannot be selected.)

1. I apply to the state, free polyclinic, hospital
2. I apply to a paid polyclinic, hospital
3. I turn to medical specialists online (for example, through telemedicine services)
4. I turn to alternative medicine (for example, homeopathy, energy medicine, naturopathy, etc.)
5. I treat myself with medications
6. I treat myself with folk remedies
7. I am being treated myself with dietary supplements (biologically active additives)
8. I do almost nothing, I wait for it to pass by itself
9. other (*write what exactly*) _____
10. difficult to answer

Now let's talk about psychological health and well-being.

100. Everyone has stressful situations in their life. And how often do you have them? (One answer.)

1. all the time
2. frequently
3. sometimes
4. rarely
5. never
6. difficult to answer

101. If you have difficult life situations, problems that are difficult to solve alone, who do you usually turn to for advice, support? (Interviewer! Mark no more than three answers. When choosing pos.9 or 10, pos.1-8 cannot be selected.)

1. to relatives, family members
2. to friends
3. to a loved one, husband/wife
4. to neighbors, acquaintances
5. to the clergy
6. to colleagues
7. to a psychologist, psychotherapist, psychoanalyst
8. other (*write to whom exactly*) _____
9. to no one, I'm looking for a way out of difficult situations on my own
10. difficult to answer

102. Let's talk about specialists who provide professional psychological assistance (psychologists, psychoanalysts, psychotherapists, etc.). Do you think that today Russians trust such specialists more than before, less or the same as before? (One answer.)

1. more than before
2. less than before
3. the same as before
4. difficult to answer

103. Do you personally believe or do not believe in the effectiveness of psychological help? *(One answer.)*

1. I definitely believe in it
2. I rather believe in it
3. I rather don't believe in it
4. I definitely don't believe in it
5. difficult to answer

104. Have you ever sought professional psychological help from a specialist yourself? If so, when was the last time you applied for it? *(One answer.)*

1. sought in the last six months
2. sought earlier than six months ago
3. never did

105. Are you currently experiencing anxiety about your future? Rate on a 10-point scale, where 1 – «I do not feel anxiety», 10 – «I feel very strong anxiety». *(One answer.)*

1	2	3	4	5	6	7	8	9	10
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106. Has your level of anxiety changed or hasn't changed in the last six months? And if it has changed, then how? *(One answer.)*

1. hardly changed
2. significantly increased
3. slightly increased
4. slightly decreased
5. significantly decreased
6. difficult to answer

107-111. Please think about the current period of your life, i.e. the last two or three years, the present moment and the upcoming two or three years. Answering each question below, mark the option that best describes this time in your life. So, is it possible to name the current period of your life... (Interviewer! Read out loud the positions from the first column of the table one by one. One answer per line.)

	1. definitely no	2. rather no	3. rather yes	4. definitely yes	5. difficult to answer
107. ... a time of many possibilities?	1	2	3	4	5
108. ... a time for trying new things, experimenting, learning about yourself and the world?	1	2	3	4	5
109... a time of personal freedom, when obligations, one's own family, an established career, etc. do not limit choice and decision-making yet?	1	2	3	4	5
110. ... a time to find yourself and what you want in life?	1	2	3	4	5
111. ... a time when it is necessary to take responsibility for your close ones?	1	2	3	4	5

112-116. What does your personal monthly income consist of? Specify, at least approximately, how much money you receive on average per month after deducting all taxes for each of the income items listed below. (Interviewer! *If the respondent does not receive money for any of the income items, write down 0. If the respondent's income is different every month, calculate the average value for the last three months. Enter the answers in rubles in the right column of the table. Minimal value – 0, maximal value – 1000000. Questions №№112-116 are OPTIONAL.*)

	Specify the amount (in rubles per month)
112. Basic salary	
113. Salary on additional jobs	
114. Financial assistance from parents, relatives	
115. Social benefits (allowances, pensions, scholarships)	
116. Other income	

117. How would you describe your financial situation (the financial situation of your family)? (Interviewer! *Explain to the respondent that it means those with whom the respondent currently lives and runs a joint household / has a common budget. One answer.*)

1. there is not enough money even for food
2. there is enough money for food, but not enough for buying clothes and shoes
3. enough to buy clothes, but not enough to buy large household appliances
4. enough for large household appliances, but not for a car
5. there is enough money for everything, except for such expensive purchases (apartment, house)
6. no financial difficulties, could buy an apartment, house if needed
7. difficult to answer

118. Do you think your financial situation (the financial situation of your family) has improved, worsened or remained unchanged over the past 12 months? (One answer.)

1. has significantly improved
2. has slightly improved
3. has slightly worsened
4. has significantly worsened
5. remained unchanged
6. difficult to answer

119. And how, in your opinion, will your financial situation (the financial situation of your family) change in the next 12 months - will it improve, remain unchanged or worsen? (One answer.)

1. will significantly improve
2. will slightly improve
3. will slightly worsen
4. will significantly worsen
5. will remain unchanged
6. difficult to answer

120. Which of the things listed below have you personally or your family members started doing in the last six months? (Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.10, pos.1-9 cannot be selected.)

1. borrow money from relatives and friends
2. grow more vegetables and fruits, raise poultry, etc. on your site, make more food preparations
3. spend previously accumulated savings on everyday expenses
4. buy food for the future
5. look for a better-paying job, do business
6. buy less often or refuse to buy some food, goods, services, refrain from entertainment activities
7. buy cheaper products and goods than before
8. take a bank loan, buy goods on credit
9. save money in a currency (dollars, euros, etc.), deposit money into a foreign currency account
10. none of the above

121. In your opinion, is the direction Russia is moving in now rather right or wrong? (One answer.)

1. definitely right
2. rather right
3. rather wrong
4. definitely wrong
5. difficult to answer

122. The daily life of many people has changed over the past six months. Which of the things listed below has become a problem for you personally during this time? *(Interviewer! Mark all the appropriate answers. Any number of answers. When choosing pos.10 or 11, pos.1-9 cannot be selected.)*

1. price increases, the rise in the cost of goods, inflation
2. reduction of the range of products, brands leaving the market
3. blocking of cards or payment systems, problems with money transfers
4. impossibility of purchases or difficulty in paying for goods in foreign online stores
5. restrictions on travel abroad, flights, travelling
6. decline in living standards
7. income reduction, salary reduction, loss of savings
8. loss of job
9. other (*write what exactly*) _____
10. none of the above became a problem for me
11. difficult to answer

123. Do you know any foreign language, and if so, what is your language proficiency level? *(One answer.)*

1. yes, I am fluent in at least one foreign language
2. yes, I read quite fluently and can speak at least one foreign language
3. yes, I read and translate with a dictionary in at least one foreign language
4. no, I practically don't speak any foreign language or at all
5. difficult to answer

124. Are there situations in your life when knowledge of a foreign language is / could be useful to you, or are there practically no such situations?? *(Interviewer! Mark no more than two answers. While choosing pos.3 or 4, pos. 1 or 2 cannot be selected.)*

1. such situations happen at work
2. such situations happen in everyday life
3. there are practically no such situations
4. difficult to answer

We hope that in the future we will be able to contact you again to answer our questionnaire. For this purpose, we ask you to share contact information that will help us find you. We guarantee the confidentiality of your data.

In order for us to contact you for the next survey as part of this research, please write your contacts – last name, first name, patronymic, phone number, email address, as well as your social media accounts.

125. Full name

126. E-mail

127. Who and how can we contact to invite you to participate in future stages of the research if you change your phone and email address?

Please specify your phone number so that we can send you an SMS with the activation code of the gift certificate and instructions!

You can use the certificate in any online store in the territory of the Russian Federation.

Interviewer! Enter the phone number starting with the code, that is, WITHOUT "8" or "+7". Please enter the phone number twice and check carefully to avoid an error.

128. Mobile phone number

129. Repeat the mobile phone number

130. We ask you to give to the Public Opinion Foundation Institute and the Institute of Education of the Higher School of Economics for scientific purposes, namely for the panel study «Trajectories in education and professions», your consent to the processing of personal data from your questionnaire related exclusively to the following categories.

Categories of personal data: last name, first name, patronymic; address; contact phone numbers; e-mail address; information from questionnaires or interviews received as part of this study; open information on personal pages in social networks.

The consent will be kept separately from the questionnaire data. The period of validity of your consent is 15 years. You can withdraw your consent at any time by sending an email to the Institute of Education of HSE: ioe@hse.ru

1. yes, I agree
2. no, I don't agree

Thank you for taking part in the eleventh wave of the national research "Educational and Career Trajectories"!

Read the project news on the website of [the Higher School of Economics!](#)