

#### HELLO!

Institute of Education of the National Research University «Higher School of Economics» together with the Public Opinion Foundation Institute are conducting a survey as part of the panel study «Trajectories in education and profession».

You already took part in our research last year and / or when you were in school. We ask you to participate in the next wave of research.

The main aim of the research is to find out more about your perception of current events in your life and your plans for the future.

There are no right or wrong answers to the questionnaire. It will be summarized with the answers of other participants and analyzed without specifying your personal and contact information.

Thank you in advance for your cooperation!

#### Enter your ID.

(This is the five-digit number that, together with the reference to the survey, was sent to you by the interviewer. In case you have any doubts, clarify it with the interviewer.)

#### Sex:

1. male

2. female

#### 1. Do you study anywhere now? If you do, then in what type of

**educational institution?** (If you are already officially enrolled or on academic leave, choose from categories 2-4. If you are only applying, choose category 5. If you study in several places / programs, answer about the educational institution that you consider the main one.)

1. I am not studying anywhere

-- go to the question №13

- 2. I study in secondary vocational education (technical school, vocational college)
- 3. I study in higher education institution
- 4. I study in another educational institution (specify which one) \_\_\_\_\_
- 5. I'm currently applying for admission (submitting documents / taking exams) (specify where exactly)

#### 2. What program do you study on / apply for? (Choose all suitable

answers.)

f category 9 is chosen, the selection of other categories will be blocked

- 1. bachelor degree (higher education, 4 or 5 years of study at university)
- 2. specialty (higher education, 5 or 6 years of study at the university)
- 3. master's degree
- 4. PhD / Doctorate degree
- 5. Clinical Residency (for medical students)
- 6. secondary vocational education program (training of skilled workers and employees, for example, in the occupations of plumber, roofer, fender, fireman, etc.)
- 7. secondary vocational education program (training of mid-level specialists, for example, in the specialties of «computer networks», «radio communication», «fire safety», «nursing», etc.)
- 8. other (specify which one)

9. difficult to answer

Instructions: Questions №№3-12 should be asked to those who study somewhere (categories 2-4 are chosen in question №1). The others move on to question №13.

We want you to tell us about your education. If you currently have several places of study (several direction of preparation), answer about the educational institution you consider the main one.

- **3. Current grade (year of education).** (If your studies haven't started yet, choose the course you will be studying in the 2020-2021 academic year. Choose one answer.)
  - 1. 1st year
  - 2. 2nd year
  - 3. 3rd year
  - 4. 4th year
  - 5. 5th year
  - 6. 6th year

#### 4-6. Where is this educational institution located?

#### 4. Country of educational institution:

- 1. Russia
- 2. another country (specify which one)

#### 5. Region of educational institution:

Drop-down list

#### 6. City (or village):

#### 7. Full name of educational institution:

Drop-down list + an open field for those who haven't found or are studying in a secondary school

### 8-9. What faculty and specialty (direction of preparation / profession) do you study at?

8. Faculty:

#### 9. Specialty (direction of preparation / profession):

### 10. Do you study on a commercial (paid) or budget (free) basis or on employer sponsorship? (Choose one answer.)

- 1. on commercial (paid)
- 2. on budget (free)
- 3. employer sponsorship
- 4. other (specify what exactly)
- 5. difficult to answer

#### 11. At what form of education do you study at this educational

institution? (Choose one answer.)

- 1. full-time (day)
- 2. full-time / part-time (evening)
- 3. part-time
- 4. remote (through the Internet)
- 5. difficult to answer

# 12. Do you study anywhere else besides the main place of education? If so, on what program do you study? (Choose all suitable answers.)

If categories 1,10 are chosen, the selection of other categories will be blocked

- 1. I do not study in addition to the main place of study
- 2. bachelor program (higher education, 4-5 years of study at the university)
- 3. specialty (higher education, 5 years of study at a university)
- 4. master degree
- 5. PhD/doctoral program
- 6. clinical residency (for medical students)
- 7. secondary vocational education program (training of skilled workers and employees, for example, in the occupations of plumber, roofer, fender, fireman, etc.)
- 8. secondary vocational education program (training of mid-level specialists, for example, in the specialties of «computer networks», «radio communication», «fire safety», «nursing», etc.)
- 9. other (specify what exactly)
- 10. difficult to answer

#### 13. What is your completed level of education? (Choose one answer.)

- 1.9 grades
- 2. 11 grades
- 3. secondary vocational education
- 4. bachelor degree
- 5. specialist degree
- 6. master degree
- 7. other (specify what exactly)

### 14. Do you plan to study somewhere else (after or in parallel with the current education)? If so, where? (Choose all suitable answers.)

If categories 11,12 are chosen, the selection of other categories will be blocked

- 1. higher education, bachelor / specialist degree
- 2. higher education, master degree
- 3. higher education (not sure whether it will be bachelor, specialist or master degree)
- 4. PhD / doctoral program
- 5. secondary vocational education (technical school, vocational college, vocational lyceum)
- 6. clinical residency (for medical students)
- 7. occupational retraining programme
- 8. refresher course
- 9. other courses (offline or online)
- 10. other (specify where exactly) \_

11. not planning to study anywhere

----- go to the question №16

12. difficult to answer

#### 15. What is the maximum level of education you are planning to

#### attain? (Choose one answer.)

- 1. incomplete secondary education (9 grades)
- 2. complete secondary education (11 grades)
- 3. secondary vocational education
- 4. bachelor degree (4-5 years of study at the university)
- 5. specialist degree (5-6 years of study at the university)
- 6. master degree
- 7. higher education degree (don't know whether it will be bachelor, specialist or master degree)
- 8. two or more higher education degrees
- 9. PhD/doctoral degree
- 10. clinical residency (for medical students)
- 11. difficult to answer

### 16. Have you had your educational plans changed due to the coronavirus pandemic? (Choose one answer.)

- 1. my plans have not changed ------ go to the question №18
- 2. I had plans to go to study at an educational institution, but due to the pandemic, I had to give them up
- 3. I had certain educational plans, but due to the pandemic, I had to choose other ones
- 4. I had no plans to go to study at an educational institution, but they appeared due to the pandemic
- 5. difficult to answer ------ go to the question №18

Instruction: Question №17 is asked in different terms depending on the answer to question №16.

Question №17a is asked in case category 2 in question №16 is chosen.

### 17a. What kind of educational plans did you have to give up due to the pandemic?

Question №17b is asked in case category 3 in question №16 is chosen.

### 17b. How exactly did your educational plans change due to the pandemic?

Question №17c is asked in case category 4 in question №16 is chosen.

### 17c. What kind of educational plans have appeared for you due to the pandemic?

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### 18. Which of the following activities did you have a chance to be engaged in for the last six months? (Choose all suitable answers.)

RANDOMIZATION 1-17

- 1. read fiction
- 2. read non-fiction (e.g. books on psychology, self-development, diaries, memoirs, etc.)
- 3. read professional literature (books, articles)
- 4. read articles, blogs and other content on topics of my interest on the Internet
- 5. attend full-time educational events, open lectures, master classes
- 6. visit museums, go on excursions to historical, natural and industrial sites
- 7. listen to / watch webinars, online lectures or master classes related to my work
- 8. listen to / watch educational and scientific programs, online lectures on television, radio or on the Internet
- 9. participate in professional exhibitions, conferences, seminars
- 10. listen to podcasts
- 11. take online-courses (Coursera, Stepic, «Open education», etc.)
- 12. take refresher courses
- 13. attend full-time or part-time educational courses that are not directly related to my work (foreign language courses, etc.)
- 14. learn practical skills that are not directly related to my work (for example, learn driving, sewing, cooking, etc.)
- 15. learn production skills at the workplace under colleagues' supervision
- 16. work with a psychologist / psychotherapist
- 17. work with a coach / business-coach
- 18. other (specify what exactly) \_\_\_\_

19. none of the above

----- go to the question №20

### **19. What format of self-education / self-development would you likely prefer?** (Choose one answer.)

- 1. long-term online classes (online courses, a series of lectures / seminars)
- 2. long-term offline classes (full-time courses, a series of lectures / seminars)
- 3. one-time online classes (one-time online lectures / seminars, exploring content on the Internet)
- 4. one-time offline classes (one-time face-to-face lectures / seminars / master classes)
- 5. difficult to answer

## 20. How often have you been engaged in physical activity (sports, fitness, running, dancing, etc.) for the last six

months? (Choose one answer.)

- 1. several times a week
- 2. about once a week
- 3. less than once a week
- 4. I've been engaged in physical activity irregularly, occasionally
- 5. I haven't been engaged in any physical activity
- 6. difficult to answer

### 21. There are good and bad moments in life, but, generally speaking, are you happy or not? (Choose one answer.)

- 1. definitely yes
- 2. rather yes
- 3. rather not
- 4. definitely not
- 5. difficult to answer

**22. Do you work now?** (Including part-time work, temporary work under a fixedterm contract, employment agreement, contract, grant, individual work with or without a license. Choose one answer.)

- 1. I do work
- 2. I'm on parental leave
- 3. I'm on another paid leave
- 4. I'm on unpaid leave
- 5. I do not work
- 6. difficult to answer

go to the instructions before the question №40

#### We want you to tell us about your job. If you currently have several jobs, then answer about the job that you consider the main one. Write as much detail as possible about your profession, position, and work responsibilities. (A profession is a type

of work activity that requires the possession of special knowledge, skills and abilities. A position is an official post, a place in the structure of an organization.)

#### 23. Enter your profession and specialty (if any) at your current

**job.** (Write as accurately as possible, for example, a locksmith, an engineer, a sales assistant, a kindergarten teacher, a history teacher at school, an accountant, a software developer, a lawyer, a surgeon, a research biologist, etc.)

### 24. What position do you hold there? Please, specify the position as stated in your employment record book (in case you have

**one).** (Write as accurately as possible, for example, a trainee secretary, a laboratory assistant of the department, an assistant dentist, a sales manager, a sales consultant in a supermarket, a junior specialist, a deputy head of the advertising department, etc.)

#### 25. What kind of tasks do you carry out most of the time at your

**current job?** (Write down all information about your main functions in as much detail as possible.)

## 26. Could you specify your average amount of working hours per day at your current job? (Write down the answer as a number.)

The minimum value is 1, the maximum value is 24.

#### If you quit and then returned to this job, write the date of your last return. 27a. What month did you start your current job?

Drop-down list

#### 276. What year did you start your current job?

Drop-down list. The minimum value is 2008, the maximum value is 2020.

# 28. What is your current work schedule? If your work schedule has been changing for the past year, choose the option that you have worked the longest. (Choose one answer.)

#### 1. I work full time (at least 40 hours a week)

- 2. I work part time (less than 40 hours a week)
- 3. I work irregularly, occasionally
- 4. difficult to answer

#### 29. What is your position at this job? (Choose one answer.)

- 1. regular employee
- 2. subcontract, outsourcing contract
- 3. informal work with no contract
- 4. internship
- 5. self-employed, entrepreneur
- 6. other (specify what exactly)
- 7. difficult to answer

#### 30. How did you find this job? (Choose one answer.)

#### RANDOMIZATION 1-14

- 1. through job fairs, career days
- 2. at a meeting with company's representatives arranged an educational institution
- 3. through job search sites (hh.ru, superjob.ru and others)
- 4. through social media (including job search groups on social media)
- 5. through the teachers of my educational institution
- 6. through friends, students, graduates from my faculty
- 7. through friends, acquaintances (not from my faculty)
- 8. with the help of parents or other relatives
- 9. through internship in this company arranged by my educational institution
- 10. through advertisements in the media and the internet I contacted potential employers myself
- 11. it was a result of employer-sponsored education
- 12. I contacted the employer myself
- 13. through the employment agency
- 14. I was invited to this job
- 15. other (specify what exactly)

16. difficult to answer

#### 31. Has the coronavirus pandemic affected your main job? If so, in which ways exactly? (Choose all suitable answers.)

f category 9 is chosen, the selection of other categories will be blocked

- 1. I was (or am) on unpaid leave
- 2. I was (or am) on paid leave
- 3. I started working remotely
- 4. employment conditions have changed (became a non-payroll employee, transferred to a part-time job, etc.)
- 5. my salary has decreased
- 6. my salary has been delayed for more than 15 days
- 7. I got a job due to the pandemic
- 8. other (specify what exactly)
- 9. the pandemic has not affected my main job

Instructions: Question №32 is asked to those who have studied or are currently studying at a secondary vocational or higher educational institution (categories 2 or 3 are chosen in question №1, or categories 3-6 are chosen in question №13). The others move on to question №13.

32. Is this job connected to the specialty you studied / currently study in the college or university? (If you have studied in more than

one specialty, please answer about the connect of your work with the last one. Choose one answer.)

- 1. fully connected
- 2. rather connected
- 3. partially connected
- 4. rather not connected
- 5. not connected at all
- 6. difficult to answer

#### 33. Considering your experience, skills and education, to what extent do you think you are qualified for this job? (Choose one

answer.)

- 1. more qualified than it is necessary for this job
- 2. less qualified than it is necessary for this job
- 3. my qualification is adequate for this job
- 4. difficult to answer

#### 34. Do you have subordinates at your current job? If you do, how many subordinates do you have? Please count all your subordinates, not just those who are directly under your

supervision. (Choose one answer.)

- 1. I have subordinates (write down a number of people)
- 2. I have no subordinates
- 3. difficult to answer

Instructions: Questions NoNo5-36 are not asked to those who are selfemployed (category 5 is chosen in question №29). They move on to question №37.

#### 35. Has your position at this job changed during the last year?

(Choose no more than two answers.)

#### Last year, you...

- 1. were promoted, received a higher position
- 2. changed profession / moved to another structural division or department
- 3. moved to a lower position
- 4. none of the above
- 5. difficult to answer

#### 36. What is the type of the organization you work in? (Choose one

answer.)

- 1. state or local government
- 2. public sector organisation (school, hospital, etc.)
- 3. state enterprise, company
- 4. private enterprise, company
- 5. other (specify what exactly)

6. difficult to answer

#### 37. What industry does your organization operate in? (Choose one

answer.)

RANDOMIZATION 1-30

- 1. food processing industry
- 2. civil engineering
- 3. military-industrial complex
- 4. oil and gas industry
- 5. another industry of heavy industry
- 6. chemical production, fertilizers
- 7. construction, architecture, real estate
- 8. transportation, communication
- 9. agriculture
- 10. authorities
- 11. education
- 12. social / political activities, charity
- 13. science, culture
- 14. healthcare, pharmaceuticals
- 15. army, MIA, security authorities
- 16. insurance
- 17. design, printing, multimedia
- 18. information technologies
- 19. trade, personal services
- 20. finance, banks, loans, investments, leasing
- 21. energy industry
- 22. housing and communal servicies
- 23. show business, entertainment
- 24. jurisprudence
- 25. restaurant business, catering
- 26. fitness industry, sports
- 27. car service, auto business
- 28. advertising, media communications and marketing
- 29. tourism and hospitality
- 30. beauty and health
- 31. other (specify what exactly)

#### 32. difficult to answer

#### 38. How many people work in your organization, including

yourself? (Choose one answer.).

- 1. less than 10 people
- 2. from 10 to 24 people
- 3. from 25 to 99 people
- 4. from 100 to 499 people
- 5. 500 people or more
- 6. difficult to answer
- 39. How many jobs do you <u>currently</u> have? Consider your main, additional and part-time jobs, including unofficial ones. (Choose

one answer.)

- 1. only one job
- 2. two jobs
- 3. three jobs
- 4. four or more jobs
- 5. difficult to answer

Instructions: Question  $N^{0}40$  in the first wording is asked to those who are currently unemployed (categories 5 and 6 are chosen in the question  $N^{0}22$ ) and in the second one to those who start their current job not earlier than September 2019 (question  $N^{0}27$ ). The others (who started their current job in August 2019 and earlier) move on to question  $N^{0}47$ .

#### 40. Have you worked anywhere during past 12 months? If so, how many jobs did you have in total? (Have you worked anywhere else apart from your current job or jobs during past 12 months? If so, how many jobs did you have in total?)

(Including part-time work, temporary work under a fixed-term contract, employment agreement, contract, grant, individual work with or without a license. Choose one answer.)

1. I haven't worked anywhere (else) in the last 12 months

----- go to the question №46

- 2. one job
- 3. two jobs
- 4. three jobs
- 5. four or more jobs
- 6. difficult to answer

Instructions: Question  $N_{241}$  is asked to those who got a current job no earlier than September 2019 (question  $N_{27}$ ). The others move on to question  $N_{242}$ .

### **41. When you moved to your current job, you ...** (Choose no more than two answers.)

If categories 5, 6 are chosen the selection of other categories will be blocked

- 1. changed occupation
- 2. was transferred to the same job position
- 3. received a higher position
- 4. moved to a lower position
- 5. none of the above
- 6. difficult to answer
- 42-45. We want you to tell us about your previous job. If you simultaneously had several jobs, answer about the one you considered the main one.

#### 42-43. Write down the month and year you started this job and

**left it.** (In case you left and returned to this job again, write the date of your last return and leave.)

#### 42a. What month did you start your previous job?

Drop-down list

#### 426. What year did you start your previous job?

Drop-down list. The minimum value – 2008, the maximum value – 2020.

#### 43a. What month did you leave your previous job?

Drop-down list

#### 436. What year did you leave your previous job?

Drop-down list. The minimum value – 2019, the maximum value – 2020.

#### 44. What was your position at this job? (Choose one answer.)

- 1. a regular employee
- 2. subcontract, outsourcing contract
- 3. I worked informally, without a contract
- 4. I was an intern
- 5. self-employed, entrepreneur
- 6. other (specify what exactly)
- 7. difficult to answer

Instructions: Question №45 is asked to those who have left previous job in March 2020 or later (question №43). The others move on to question №46.

#### 45. Was your resignation related to the coronavirus pandemic? If

so, how exactly? (Choose one answer.)

- 1. I was fired, made redundant
- 2. I was put on unpaid leave, so I had to leave
- 3. I had to leave because of salary problems
- 4. it wasn't related to pandemic
- 5. other (specify what exactly)
- 6. difficult to answer

#### 46. Have you been out of job for more than three months in the

last 12 months? (Choose one answer.)

- 1. yes
- 2. no
- 3. difficult to answer

### 47–49. Where do you live now? Specify country, region and city (or village).

#### 47. Country:

- 1. Russia
- 2. another country (specify which one)

#### 48. Region:

Drop-down list

#### 49. City (or village):

#### 50. In what kind of accommodation do you currently live in this

**city or village?** (Regarding the accommodation in the locality that you mentioned in the previous question. Choose one answer.)

- 1. at the house of my parents or other relatives
- 2. in my own house (including shared ownership with relatives)
- 3. in rental housing
- 4. in a dorm
- 5. in the housing of my boyfriend / girlfriend
- 6. in the housing of my husband / wife, parents or their relatives
- 7. other (specify what exactly)

#### 51. Whom do you live with? Mark everybody you live with. (Choose

#### all suitable answers.)

If category 13 is chosen the selection of other categories will be blocked

- 1. mother (either birthmother or stepmother)
- 2. dad (either birthfather or stepfather)
- 3. brother (or brothers, including stepbrothers)
- 4. sister (or sisters, including stepsisters)
- 5. husband / wife (life-partner)
- 6. my child (children)
- 7. grandmother and / or grandfather
- 8. parents / relatives of husband / wife (life-partner)
- 9. other family members (uncles, aunts, nephews, etc.)
- 10. boyfriend / girlfriend / friends
- 11. neighbors in the dorm, apartment
- 12. other (specify who exactly)
- 13. I live alone

# 52-56. Assess how satisfied are you with the state of affairs in the following areas in the locality where you currently live? (1 – completely unsatisfied, 5 – completely satisfied).

The scale will not be a table, but questions with a slider

	<ol> <li>completely unsatisfied</li> </ol>	2.	3.	4.	5. completely satisfied
52. Healthcare (the quality of medical assistance in clinics/hospitals)	1	2	3	4	5
53. Transport infrastructure (level of development and convenience of public transport)	1	2	3	4	5
54. Culture (the availability of theaters, cinemas, museums, exhibitions, libraries; provision of social infrastructure facilities)	1	2	3	4	5
55. Sector of housing and utilities (the level of communal services for flats and houses)	1	2	3	4	5
56. Security (crime rate, quality of police work)	1	2	3	4	5

## 57-60. How would you assess the following opportunities in the locality where you currently live?

(1 – completely unsatisfied, 5 – completely satisfied).

The scale will not be a table, but questions with a slider

	<ol> <li>completely unsatisfied</li> </ol>	2.	3.	4.	5. completely satisfied
57. Career development opportunities	1	2	3	4	5
58. Salary level in my sphere of occupation	1	2	3	4	5
59. Opportunities for education and children's development	1	2	3	4	5
60. Opportunities for starting business and entrepreneurial activity	1	2	3	4	5

Instructions: Questions No. 61-70 are asked to those who have graduated from a university or vocational school (categories 3-6 are chosen in the question №13). The others move on to question №71.

## 61. Do you currently live in the same city or village where you graduated from the university (college / technical school)?

(Choose one answer.)

1. yes \_\_\_\_\_\_ go to the question №71 2. no Answer about the city or village where you graduated from the last educational institution (university or college / technical school).

- 62-66. Assess how satisfied you were with the state of affairs in the following areas in the locality where you studied
- (1 completely unsatisfied, 5 completely satisfied).

The scale will not be a table, but questions with a slider

	<ol> <li>completely unsatisfied</li> </ol>	2.	3.	4.	5. completely satisfied
62. Healthcare (the quality of medical assistance in clinics/hospitals)	1	2	3	4	5
63. Transport infrastructure (level of development and convenience of public transport)	1	2	3	4	5
64. Culture (availability of theaters, cinemas, museums, exhibitions, libraries; provision of social infrastructure facilities)	1	2	3	4	5
65. Sector of housing and utilities (the level of communal services for flats and houses)	1	2	3	4	5
66. Security (crime rate, quality of police work)	1	2	3	4	5

#### 67-70. How did you assess the following opportunities in the locality where you studied?

(1 – absolutely not satisfied, 5 – completely satisfied).

The scale will not be a table, but questions with a slider

	<ol> <li>absolutely not satisfied</li> </ol>	2.	3.	4.	5. completely satisfied
63. Career development opportunities	1	2	3	4	5
64. Salary level in my occupational sphere	1	2	3	4	5
65. Opportunities for education and children's development	1	2	3	4	5
66. Opportunities for starting your own					

#### 67. What is your current official marital status? (Choose one answer.)

1. not married and has never been married

----- go to the question №73 2. married

- 3. divorced and not married
- 4. widowed
- 5. difficult to answer

#### 68. Are you in a long-term partnership (more than six months) or a civil marriage? (Choose one answer.)

1. yes

\_\_\_\_\_ 

3. difficult to answer

#### 69. What best describes the main occupation of your spouse / partner at present? (Choose one answer.)

- 1. paid employment (including entrepreneurship)
- 2. studying at an educational institution (even if currently on vacation)
- 3. unemployed
- 4. not working or looking for a job
- 5. conscription or alternative military service
- 6. homemaker
- 7. other (specify what exactly)
- 8. difficult to answer

#### 70. Do you have any children? If you do, how many children do

you have? (Choose one answer.)

1. no children

go to the instruction before the question №77

- 2. one child
- 3. two children
- 4. three or more children
- 5. difficult to answer

#### 71. What year did you have your first child?

year \_\_\_\_\_ Drop-down list. The minimum value – 2008, the maximum value – 2020.

Instructions: Women are asked question №76 in the first wording, men – in the second one.

72. How many days during the last week did the father or stepfather of the child (children): spend time with him/her/them: walking, playing, reading, etc.? (If the child has both a father and a stepfather, answer about the one who takes a greater part in the child's life.) (How many days during the last week did you spend time with your child (children):

walking, playing, reading, etc.?) (Choose one answer. Specify the approximate number of days per week.)

1. number of days (write a number from 1 to 7) \_\_\_\_\_

- 2. didn't spend time with child (children)
- 3. difficult to answer

Instructions: Questions №77-79 for men should be asked about men, for women - about women.

- 73. At what age do you think it is too late for a woman/man to carry on living with her/his parents? (Choose one answer.)
  - 1. age (write the age as a number)
  - 2. it's never too late
  - 3. difficult to answer

### 74. At what age do you think it is too late for a woman/man to have children? (Choose one answer.)

1. age (write the age as a number)

- 2. it's never too late
- 3. difficult to answer

### 75. At what age do you think it is too late for a woman/man to start a career? (Choose one answer.)

- 1. age (write the age as a number)
- 2. it's never too late
- 3. difficult to answer

#### 76. Mark everything that has happened to you during the

coronavirus pandemic. (Choose all suitable answers.)

RANDOMIZATION 1-15

f category 16 is chosen, the selection of other categories will be blocked

- 1. was sick with coronavirus at home
- 2. was sick with coronavirus in the hospital
- 3. spent most of time at home, in self-isolation
- 4. regularly went to work / on business by public transport
- 5. regularly went to work / on business by taxi
- 6. regularly went to work / on business by private car
- 7. washed my hands more often than before the outbreak of the pandemic
- 8. more often used disinfectants, sanitizers, etc., than before the outbreak of the pandemic
- 9. tried to maintain a physical distance with other people in shops, pharmacies, on the street
- 10. was in official quarantine after returning from another country or after contact with a patient
- 11. had a coronavirus test
- 12. had symptoms similar to coronavirus
- 13. regularly moved around the city (town, village) not on work matters
- 14. met with friends, acquaintances from time to time
- 15. regularly helped relatives, neighbors or other people (for example, delivered food, medicines, sat with children, helped around the house)
- 16. none of the above happened

#### 77. Has the coronavirus pandemic affected your family's income in any way (or your personal income if you live alone)? If so, which of the following steps have you (your family) taken

**since March 2020?** (Answer about those with whom you currently live and run a joint household / have a common budget. Choose all suitable answers.)

RANDOMIZATION 1-13

If category 15 is chosen, the selection of other categories will be blocked

- 1. reduced running costs
  - 2. used savings
  - 3. took out a loan from a bank
  - 4. issued a credit card / used a credit card more often
  - 5. borrowed money from relatives or friends
  - 6. issued a loan or mortgage vacation / temporarily stopped paying off the loan
  - 7. have found a new job or started working more
  - 8. received gratuitous financial aid from relatives and friends, including food
  - 9. received social benefits for unemployed
  - 10. received subsidies for individual entrepreneurs
  - 11. postponed payment of utilities
  - 12. refused to make large purchases
  - 13. changed my place of residence, moved
  - 14. other (specify what exactly)
  - 15. did nothing / the pandemic did not affect income

# 78. Have you ever had to provide financial aid to your parents, relatives, friends, or other people during the coronavirus pandemic (since March 2020)? If so, how exactly did you

help? (Choose all suitable answers.)

If categories 6, 7 are chosen the selection of other categories will be blocked

- 1. lent money to my parents and relatives
- 2. provided gratuitous financial aid (including food and medicines) to parents and relatives
- 3. lent money to my friends and acquaintances
- 4. provided gratuitous financial aid (including food and medicines) to friends and acquaintances
- 5. provided financial aid to strangers and unfamiliar people (for example, neighbors, elderly people, etc.)
- 6. I didn't provide any financial aid
- 7. difficult to answer

#### 83-87. What is your personal monthly income? Specify, at least approximately, how much money you receive on average per month after deducting all taxes for each of the income items. (If you do not receive money for any of the income items, enter 0. If your income is different each month, calculate the average for the last three months.)

Questions 83-87 are optional

The minimum value – 0, the maximum value – 1000000

	Specify the
	amount
	(in rubles per month)
79. basic salary	
80. salary on additional jobs	
81. financial assistance from relatives	
82. social benefits (allowances, pensions, scholarships)	
83. other income	

#### 84. How would you describe the financial situation of your

**family?** (Answer about those with whom you currently live and share household / have a common budget. Choose one answer.)

- 1. there is not enough money even for food
- 2. there is enough money for food, but not enough for buying clothes and shoes
- 3. enough to buy clothes, but not enough to buy large household appliances
- 4. enough for large household appliances, but not for a car
- 5. enough money for everything except expensive purchases (apartment, house)
- 6. no financial difficulties, could buy an apartment, house if needed
- 7. difficult to answer

85. Are you ready to move somewhere for the sake of a more interesting / profitable job, success in career or any other sphere of life? If so, where would you rather move? (Choose one most likely answer.)

1. to another settlement inside the region where I live now

- 2. to another region of the country
- 3. to another country
- 4. not ready to move anywhere
- 5. difficult to answer

### 90-97. How often have you been concerned about following issues in the last two weeks?

(Choose one answer in each line.)

	1. never	2. a few days	3. over a week	4. almost every day
86. You didn't want to do anything.	1	2	3	4
87. You were in a bad mood, devasted or felt hopeless.	1	2	3	4
88. You had sleep disturbances: difficulties to fall asleep, interrupted sleep, too long sleep.	1	2	3	4
89. You were fatigued or felt weak.	1	2	3	4
90. You had a poor appetite or were overeating.	1	2	3	4
91. You thought badly about yourself: felt disappointment, considered yourself a failure, thought you had let your family down.	1	2	3	4
92. It was hard for you to keep your mind on reading, for example, or watching TV.	1	2	3	4
93. You moved or spoke so slowly that others noticed it, or you were so fussy or excited that you moved much more than usual.	1	2	3	4

## 94. Have you experienced any failures in your life, or did anything go the wrong way? What do you think, for what reasons did

this happen most often? (Choose one answer.)

RANDOMIZATION 1-4.

- 1. my personality, habits
- 2. my wrong actions, decisions in particular situations
- 3. actions and decisions of others (acquaintances, friends, relatives, etc.)
- 4. circumstances beyond my or others control (disease, economic crisis, pandemic)
- 5. other (specify what exactly) \_\_\_\_
- 6. I haven't faced such problems
- 7. difficult to answer

# 95. What do you think might prevent you from achieving a prosperous life in the future? Choose not more than three reasons you believe are most significant. (Choose no more than

three answers.)

RANDOMIZATION 1-11 If categories 13,14 are chosen, the selection of other categories will be blocked

- 1. economic crisis / poor economic conditions
- 2. political / legal situation in the country
- 3. disease or injury, health issues
- 4. personal, family problems
- 5. difficulties in relations with colleagues or bosses
- 6. lack of persistence / motivation for achievement
- 7. my personality
- 8. unsuccessful decisions
- 9. lack of education, knowledge
- 10. poor financial situation
- 11. lack of attention, time for my interests, hobby
- 12. other (specify what exactly) \_
- 13. nothing can impede me
- 14. difficult to answer

We hope that in the future we will be able to contact you again to answer our questionnaire. For this purpose, we ask you to share contact information that will help us find you. We guarantee the confidentiality of your data.

In order for us to be able to contact you for the next survey as part of this research, please write your contacts: last name, first name, patronymic, phone number, email address, social media accounts.

96. Full name

#### 97. Phone number

Enter the phone number, starting with the code, without "8" or "+7". Please check your phone number carefully before proceeding to the next question.

98. E-mail

99. Who and how can we contact to invite you to participate in next stages of research, if you change your phone number and email address?

We also want to collect publicly available information from your accounts: interests, subscriptions, posts, reposts, etc. This data will supplement the survey data and will be used exclusively for research purposes. Links to your accounts will not be published anywhere. Only some researchers of the Higher School of Economics and the Public Opinion Foundation Institute will have access to your depersonalized (anonymous) data from social networks to contact you for future researches. This data will not be available to any external researchers or other persons. If you do not want to provide this information or you do not have accounts in these social networks, leave these fields blank.

100. Vkontakte (vk.com):

101. Instagram (instagram.com):

We ask you to give to the Public Opinion Foundation Institute and the Institute of Education of the Higher School of Economics for scientific purposes, namely for the panel study «Trajectories in education and professions», your consent to the processing of personal data from your questionnaire related exclusively to the following categories.

Categories of personal data: last name, first name, patronymic; address; contact phone numbers; e-mail address; information from questionnaires or interviews received as part of this study; open information on personal pages in social networks.

The consent will be kept separately from the questionnaire data. The period of validity of your consent is 15 years. You can withdraw your consent at any time by sending an email to the Institute of Education of HSE: ioe@hse.ru

1. Yes, I agree

2. No, I don't agree

#### Thank you for participating in our research!